

***Silver Lotus Training Institute***  
***Level I and II Qigong/Tai Chi Teacher Training Program- 2019***

*We invite you to join us for our 60 hour Teacher Training Program. This program include, but is not limited to, training in the following:*

- *Five Element theory as it relates to Tai Chi/Qigong*
- *Twelve Meridians and organ healing*
- *Meridian Flow in Qigong*
- *Eight Pieces of Brocade - in depth analysis*
- *Teaching Methodology/Student or Practice teaching or assisting others*
- *Tai Chi for Beginners - First 8 moves of Yang Style 24 forms and Waving Hands in Clouds.*



*This is a comprehensive program that includes short reading assignments and home study. It is a relaxed way of learning how to safely and effectively share your knowledge of Qigong and Tai Chi. Experience in Yang 24 Forms is highly recommended.*

*Dates of Training*

<i>August 11, 2019</i>	<i>9:00 am - 5:00 pm</i>
<i>September 15, 2019</i>	<i>9:00 am- 5:00 pm</i>
<i>November 3, 2019</i>	<i>9:00 am - 5:00 pm</i>
<i>December 8, 2019</i>	<i>9:00 am - 5:00 pm (graduation immediately following)</i>

*Level II training occurs on the same date,; but will be individualized to include not only repetition of Level , but also your own interests as you advance your teaching.*

*Program Faculty:* *Susan Hamadock, Marianne Walch*  
*Martrise Jones, Pat Hendrick*

*www.silverlotustraininginstitute.com* *or call 302.381.0585 for more information*