

**Silver Lotus Training Institute**  
302 381 0585 [www.silverlotustraininginstitute.com](http://www.silverlotustraininginstitute.com)

**Sunday Workshop Series:** Deepen your understanding and tai chi play! This monthly series is designed for folks who want to take their tai chi/qigong play to a deeper level. Some prior experience is helpful with the exception of the Double Fan workshop (no experience necessary for this workshop) All workshops are held between 1:00 - 4:30pm.

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*Depth of Yang Style 24 Forms – January 27, 2019*

*Introduction to Double Fan Form – March 24, 2019*

*Depth of Yang 32 Sword Forms – April 28, 2019*

*Place of Workshops to be announced based on enrollment. Pre-registration is necessary.*

*Cost: \$40.00 per session or early bird registration for entire series \$30.00 per session (\$90.00)  
Mail this form and check to Susan Hamadock, 37288 11<sup>th</sup> St., Rehoboth Beach DE 19971. Call Susan at 302-381-0585 for more information.*

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Name: \_\_\_\_\_

Email address \_\_\_\_\_

Best phone number \_\_\_\_\_ Text? Yes or No (circle one)

For which workshop/s are you registering? \_\_\_\_\_

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Total Amount  
paid \_\_\_\_\_